

WINNIE THE POOH:

This unfortunate bear embodies the concept of comorbidity (the presence of more than one disorder)

1. IMPULSIVITY WITH OBSESSIVE FIXATIONS. Pooh is obsessed with honey and will do whatever it takes, putting himself and his friends at risk to get it.

2. ATTENTION DEFICIT HYPERACTIVITY DISORDER.

A strain of this disorder, *inattentive subtype* is when a person shows careless and indifferent behaviour towards his peers.

3. OBSESSIVE-COMPULSIVE DISORDER:

Pooh likes to count, a lot. He exhibits repetitive counting.

4. EATING DISORDER / ADDICTION: Pooh's obesity is tied directly to his obsession/addiction with honey. He doesn't know when to stop. His weight gain has caused him much embarrassment, but it never stops him from binging on the next pot of honey he comes across. He could also be overeating due to his low self-esteem or self-soothing addiction, pushing those feelings down as he consumes his golden elixir.



PIGLET: GENERALIZED ANXIETY DISORDER.

Poor little Piglet. He lives his life in an anxious whirl. Anything that happens, or *might* happen, is cause for alarm. Piglet is an extreme worrier. He shows signs of classic anxiety disorder which is usually caused by a significant self-esteem injury in the past. This causes our favourite little piglet a huge amount of stress, anxiety and general nervousness.

His irrational anxiety causes him to suffer from a distinct stuttering speech impediment.

OWL: DYSLEXIA.

Have you ever noticed that signs in the world of Winnie the Pooh are usually misspelled, with letters reversed or inverted? Well, among the animals in the Hundred Acre Wood, only Owl has the knowledge to read and write. So, he's the one making those charming signs. We know Owl is very intelligent and educated, proving dyslexia, from which he suffers, has nothing whatsoever to do with a person's (or, owl's) intelligence.



TIGGER:
ATTENTION DEFICIT HYPERACTIVITY DISORDER.



Tigger is the quintessential extrovert – full of energy, fun-loving but sometimes so overconfident that he thinks that any task is “what tiggers do best”.

Tigger's diagnosis is a no-brainer. The fanciful tiger can't hold still for a moment. He's a classic case of ADHD, with an emphasis on the H: hyperactivity. He is super active even when he clearly needs rest. Tigger also exhibits poor impulse control, bouncing where he isn't wanted, assuming everyone around him wants to be similarly engaged in whatever it is he is doing. Always on the lookout for new experiences and adventure, he is not concerned with understanding the world, only with having a good time, filled with plenty of new experiences. Unfortunately, he is sometimes so focused on the present, that he never learns from the past, and is blind to potential disaster, and will often get anyone who follows him on these adventures into a bind.

He certainly brings excitement to the Hundred Acre Wood! Having said all that, Tigger is also resilient, fearless, optimistic and resourceful.

KANGA:
SOCIAL ANXIETY DISORDER.

Kanga is extremely over protective of her son, Roo. She is obsessed with controlling her young and fails to let them to make their own decisions or their own mistakes. She ‘suffocates’ her children by not allowing them any time on their own.



RABBIT:
OBSESSIVE-COMPULSIVE DISORDER.



Rabbit does not relax. He is obsessed with having everything organised. He simple cannot deal with not having things in order, this is often shown when he is gardening. His nervous energy is spent counting, recounting, arranging, and rearranging everything and everyone in his life, much to the annoyance of his friends.



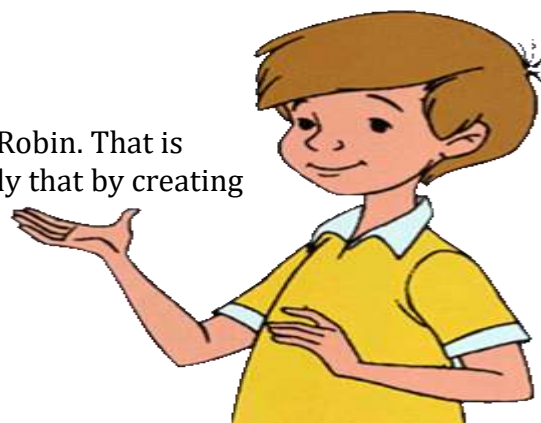
EYORE:
DEPRESSIVE DISORDER.

Eeyore has to be the saddest character in children's literature. His demeanour exemplifies a severe depression, more specifically, chronic dysthymia.

Poor Eeyore remains in a perpetual state of sadness and depression. Even when good things happen, he's bound to put a depressing spin on it. He even seems to enjoy feeling down all the time, or at least very comfortable with it.

CHRISTOPHER ROBIN:
SCHIZOPHRENIA.

Perhaps the most surprising disorder suffer of all is Christopher Robin. That is until you realise all his 'friends' are actually stuffed toys. It is likely that by creating these characters in his head, they are representing feelings that he actually experiences .



This is not a diagnosis tool, just a tool to identify some of the traits of easily identifiable and relatable fictional characters.